

## **Bharati College Annual Sports Day (2020-21, 2021-22, 2022-23)**

It gives me immense pleasure in presenting the Annual Sports Report of Bharati College for the academic year **2020-21, 2021-22, 2022-23**. We continue to pursue excellence in all the team and individual games we have promoted so far besides the hard time seen by all due to Covid.

### **KhoKho**

In Kho-Kho we continue to scale new heights because of the able and constant guidance of our coach, Mr Amit Kumar. In the year 2021 our Kho-Kho team participated in Delhi State Kho Kho Championship held at JLN stadium and West District Kho Kho Championship, held in Vikas Puri, West Delhi. Team secured First Position in Delhi Olympic Games held at Kamal Public Senior Sec. School, Vikas Puri.

### **Athletics**

In the year 2021, KumKum Baghael, Rehana Khatoon Kr Neelam and Shalini participated in the Manikarnika Marathon from East District, Shahdara and secured second & third position respectively. Kr Neelam also participated in the Open 4 Km run and secured third position. In the year 2022, KumKum and Shalvi Shukla participated in Delhi University Century Marathon Run held at Delhi University Sports Complex. Kr Neelam participated in the 100 meters, 200 meters and 4x100 meters relay in an Open athletic meet and secured second and first position respectively. Our athlete Ritu participated in Long Jump and 4x100 meters relay in All India North zone Athletic Championship held at Karnal and secured first and second position respectively. She further participated in Delhi State Athletic championship held at JLN Stadium and secured third position in long jump. In the Inter college Athletic Championship she secured second position in long jump. On the basis of this she qualified to represent Delhi University for North Zone Inter University Championship held at Bhubaneswar and was ranked 13th, She further qualified to represent Delhi University at All India Inter University Athletic Championship.

### **Cricket**

Our college Cricket team, under the able guidance of Mr Soni Kumar and Mr Pradeep Kochhar participated in the Inter College Cricket tournament, RBCC Invitational inter college women's cricket tournament held at Shivaji College, Participated in Airlines Cup and secured third position and participated in open cricket talent hunt championship and secured 1st position.

## **Volleyball**

Under the guidance of our coach Mr Jasprinse Singh our team in the year 2022 participated in the Invitational Inter-College volleyball championship- UMANG held in Gurugram and secured second position.

## **Table Tennis**

In the year 2022, Our players Shreeya Sharma and Karishma participated at the Invitational Inter-College Table Tennis Championship - Umang held at IBS College, Gurugram and at Spardha Amity University sports festival. Shreeya further participated in Open State Table Tennis Championship held in Himachal Pradesh and North Zone Table Tennis Championship held at Multi Purpose Hall Sports Complex University of Delhi.

## **Football**

Under the guidance of our football coach Mr. Harish Kundu our team has participated in the Invitational Inter-College Football Championship - Umang held at IBS College and secured First position, Gurugram. Team also participated in HOBNOB 2022- Sports festival organized by Jesus and Mary College.

## **Hockey**

Under the expertise of our hockey coach Mr Subhodh nautiyal. In the year 2020 Bharati college secured first position in Bharati Cup Championship and 21st Aeroline Hockey tournament and was declared Runners up at Shyamlal Hockey tournament and SGTB Khalsa college Hockey Tournament. In the year 2021, the team participated in 22<sup>nd</sup> Aeroline Hockey tournament and made it to semi-finals. In the year 2022, Hockey team participated in 6 A Side Aeroline Hockey Tournament held at IGIPSS college, Delhi and reached the Semi Final. Nidhi Gupta, Muskan, Manisha, Anchal Kumari was selected to represent Delhi University at All India Inter University Hockey Championship held at Patiala. Manisha and Anchal Kumari represented Delhi at 12th Hockey India Senior Women National Championship held at Andhra Pradesh.

## **Taekwondo**

Under expert coaching of Mr Sanjeev Kumar our taekwondo and Boxing team has performed to next levels. In the year 2020- 2022, Pinky secured first position in the Inter college Taekwondo Championship held at multi-purpose hall University of Delhi. She further represented Delhi university at All India Taekwondo Championship held at Kurukshetra University. She also participated in G2 at Nepal, Pokhaua.

In the year 2022 Isha Pandey secured second position in 14th south west district Taekwondo Championship. In the year 2021 Triveni participated in the Senior State Taekwondo

Championship and secured second position in Delhi Olympic Taekwondo Championship. In the year 2022, She also participated in the Taekwondo open National Championship held at Bawana. She also secured first position at Bits Pilani sports festival under her weight category. Triveni secured third position in Delhi state taekwondo championship held at JLN Stadium. She represented Delhi in Open taekwondo National Championship held at Aurangabad and secured second position. She further participated at 30th District South- West Taekwondo Championship and secured second position. Muskan participated in the sports festival of Miranda house college, an invitational inter college championship and secured second position. Pragati Goyal participated at Bits Pilani sports festival and secured first position.

## **BOXING**

Under the abled guidance of Mr. Sanjeev Kumar our Boxing Coach. Megha participated at 24th women elite Delhi State Boxing Championship held at Dwaraka and secured third position under her weight category. KumKum Baghel participated in the 43rd Delhi State Boxing Championship held at Dada Mota Shyam Mandir Stadium, Dwarka and secured second position in her weight category.

## **WUSHU**

In the year 2022, Archana Maurya and Erica Gupta participated at 19th Delhi State Wushu Championship held at AFACS Centre Dwaraka and secured second position. Muskan Yadav secured second position, Risha Singh, and Gisum Rumin secured first position and Ekta secured 2nd position in 1st South West Delhi WUSHU championship held at Govt Co-ed Senior Secondary School Dwarka. Sapna participated in 19th Delhi WUSHU Championship and secured third position.

## **Additional Sport**

### **Martial Arts**

#### **1. HAPKIDO**

Hapkido is a Korean martial art practiced the world over. Characterized by joint locks, throws, and dynamic kicking techniques, it is unique among Korean martial arts (Taekwondo, Tang Soo Do) in its emphasis on deflecting an opponent's attacks instead of forceful blocking. Many of our Taekwondo players have participated at state and national level in this sport and brought Laurels to our college.

In the year 2022, Muskan Yadav, Isha Pandey, Garima Slathia, Pragati Goyal participated in the 1st Delhi State Hapkido Championship and secured first position in their respective weight category. Whereas Sapna secured second position. Isha Ekta

and Sapna was selected to represent Delhi for the 7th National Hapkido Championship held at West Bengal and secured first and third position in their weight category.

## **2. Matsogi Do**

Matsogi-do is one of the most systematic and scientific Indian modern martial arts that teaches more than physical fighting skills. It is a discipline that shows ways of enhancing our spirit and life through training our body and mind. Today, it has become a global sport that has gained an international reputation. In the year 2022 Garima Slathia secured second position at 16th National Matsogi- Do Championship held at Maharashtra

Finally, I wish to acknowledge the constant guidance and support of our principal Prof (Dr) Saloni Gupta. On behalf of the sports committee and the entire college community, I wish to put on record that she has steadily promoted the cause of women's sports and that the height that we have reached is primarily because of her support, enthusiasm and guidance. I also wish to thank the members of the sports committee for their meticulous attention to details and procedures throughout the year.

I wish to thank all the members of the teaching and non teaching staff for their cooperation and enthusiastic participation in all the events organized for them. I wish to specially thank our groundsmen Gopal, Sitaram and Lallu for their constant attention and cheerful attitude towards the athletes and the grounds. Finally, my grateful thanks to our chief guest Ms. Shagun Chaudhary (Shooting Olympian) for having found time to grace the occasion. I cannot end without thanking all our participants for making this function a Great success.