**Bharati College**

**(University of Delhi)**

Janak Puri, Delhi- 100058

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**Lesson Plan (CORE, Semester I, July to November2022)**

| **Name of Teacher** | Swati Bawa Sawhney | | **Department** | | Human Development and Family Empowerment |
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| **Course** | B.A Prog | | **Semester** | | III (Minor) |
| **Paper** | Empowerment of women and children | | **Academic Year** | | 2022 |
| **Learning Objectives** | | | | | |
| * To develop an understanding about the status of women and children in India. * To gain awareness about programmes and services for women and children in India. * To gain understanding about the importance of maternal health and education. | | | | | |
| **Learning Outcomes** | | | | | |
| * Understand the status of women and children in India. * Evaluate various programmes and services for women and children in India. * Understand the importance of maternal health and education. | | | | | |
| **Lesson Plan** | | | | | |
| **Week No.** | | **Theme/Curriculum** | | **Any Additional Information** | |
| Week 1 -Week 4 | | **Unit I- Status of women in India**   * Demographic profile of women and children. * Issues related to women and children. | | Allocation of Assignment I (Last Date 20th  September 2022) | |
| Week 5 -Week 9 | | **Unit II- Programmes and Services for Women Empowerment**   * Women Empowerment: Definition, Need and Importance * Programmes for Women: Any two * Programmes for Children: Any Two | | Test Scheduled | |
| Week 10 – Week 15 | | **UNIT III: Maternal health and education**   * Importance of Maternal Health and Education * Impact of Maternal Health and Education on Child Development * Maternal Mortality: Statistics, Causes and Prevention | | Allocation of Assignment II | |
| Week 15 – Week 20 | | **Practical:**   * Unit 1: Visit to one organization working for children. * Unit 2: Visit to one organization working for women. * Unit 3: Review of one movie/ documentary/ video/ book based on children. * Unit 4: Interview of a mother to understand the importance of education and awareness in raising healthy children | |  | |
| **References**   * Sobti, S (2009). Women and children: Issues & suggestions. New Delhi: Rajiv Publishers. * Vasudev, K. (2009). Welfare programme. New Delhi: Vishva Bharti Publications. * Verma, S.B. and Soni, M. L. (2005). Mahila jagrute aur sashaktikaran. Jaipur: Aaveeskar   Publishers.   * Women Rights are Human Rights (2014). Geneva and New York: United Nations   Publications, Retrieved:  https://www.ohchr.org/sites/default/files/Documents/Events/WHRD/WomenRightsAreHR  .pdf   * Women’s Rights in India (2021). National Human Rights Commission, India   Retrieved:  https://nhrc.nic.in/sites/default/files/Women%E2%80%99s%20Rights%20in%20India%2  0complete\_compressed.pdf  **Additional Resources**   * Bose, A.B. (2003). The status of children in India: Promises to keep. New Delhi:   Manohar Publications   * National plan of action of children (2016). Ministry of HRD, Department of WCD, GOI. * Vipin, K. (2009). Vaisveekran evam mahila sashaktikaran vividha aayam. New Delhi:   Aeyal Publications | | | | | |
| **Online Resources (If Any)** | |  | | | |
| **Assignment and Class Test Schedule for Semester** | | Link the assignment and Test (optional) | | | |