



**Bharati College**  
**(University of Delhi)**  
Janak Puri, Delhi- 100058  
[www.bharaticollege.du.ac.in](http://www.bharaticollege.du.ac.in)

### Lesson Plan (CORE, Semester I, July to November 2022)

<b>Name of Teacher</b>	Dr. Dinesh Kumar Singh	<b>Department</b>	History
<b>Course</b>	History (Hons.) Core	<b>Semester</b>	1 <sup>st</sup>
<b>Paper</b>	History of India-1	<b>Academic Year</b>	2023-24

#### Learning Objectives

The history is a scientific study which develops multidimensional approaches. It conduces to uplift the understanding of the students to conceive the conscious causes and reveal humanitarian attitude by action behavior. The dignified and diverged ideas culminates simultaneously the potentiality of the students.

#### Learning Outcomes

I have very clear vision with the mission of learning objective:

- A. The students may analyse and systemize the themes and the facts.
- B. The students may understand pre concerned interpretation and reset self-ideas and interpretation in the light of conditional truth.
- C. The students may obtain the capacity to compare the cultural diversity and revisit for re-affirmation of conclusion mutually.
- D. The students may approach to all types of understanding at each level.

### Lesson Plan

Week No.	Theme/Curriculum	Any Additional Information
1 to 4 <sup>th</sup> week Unit 1	Reconstructing ancient Indian history: [a] The Indian subcontinent: landscapes and environments	

	<p>[b] Sources and methods of historical reconstruction</p> <p>[c] Changing historical interpretations</p> <p>[d] Early Indian traditions of history</p>	
5 <sup>th</sup> to 8 <sup>th</sup> week Unit 2	<p>Prehistoric hunter-gatherers:</p> <p>[a] Paleolithic cultures: sequence and distribution; stone industries and other technological developments</p> <p>[b] Mesolithic cultures: regional and chronological distribution; new developments in technology and economy</p> <p>[c] The prehistoric mind: funerary practices and art</p>	
9 <sup>th</sup> to 12 <sup>th</sup> week	<p>The advent of food production New discoveries; the regional and chronological distribution of the neolithic and chalcolithic cultures; subsistence; patterns of interaction and exchange</p>	
13 <sup>th</sup> to 16 <sup>th</sup> week	<p>The Harappan civilization Origins; settlement patterns and town planning; agrarian base; craft production and trade; social and political organization; religious beliefs and practices; art; the problem of urban decline and the late/post-Harappan traditions</p>	
17 <sup>th</sup> to 20 <sup>th</sup> week	<p>Cultures in transition up to c. 600 BCE The Aryan question; Vedic society. Settlement patterns; technological and economic developments; social stratification; political relations; religion and philosophy; megaliths 10:</p> <p>[a] North India</p> <p>[b] Central India and the Deccan</p> <p>[c] South India</p>	

**References:**

- Agrawal, D. P. **Indus Civilisation**. Aryan Book Depot, 2017.
- Allchin, B., and R. Allchin. **Origins of a Civilization: The Prehistory and Early Archaeology of South Asia**. New Delhi: Viking, 1997.
- Chakrabarti, D.K. **India: An Archaeological History**. New Delhi: Oxford University Press, 1999.
- Chakravarti, R. **Exploring Early India up to c. AD 1300**. Delhi: Primus, 2016 (3rd
- Kenoyer, J.M. **Ancient Cities of the Indus Valley Civilization**. Karachi: Oxford University Press and American Institute of Pakistan Studies, 1998.
- Majumdar, R. C. et. al. eds. **The Vedic Age**. George Allen and Unwin, 1951.
- Ratnagar, S. **Understanding Harappa: Civilization in the Greater Indus Valley**.

**New Delhi: Tulika, 2001.**

- **Sharma, R.S. Material Culture and Social Formations in Ancient India. Delhi: Macmillan India, 1983.**
- **Sharma, R.S. Aspects of Political Ideas and Institutions in Ancient India. Delhi: Motilal Banarsidass, 1996.**
- **Singh, U. A History of Ancient and Early Medieval India: From the Stone Age to the 12<sup>th</sup> Century. Delhi: Pearson Longman, 2008.**
- **Thapar, R. Cultural Pasts: Essays in Early Indian History. New Delhi: Oxford University Press, 2000.**
- **Thapar, R. Early India: From the Origins to AD 1300. New Delhi: Penguin, 2003.**

#### **Additional Resources:**

- Allchin, F.R. et al. The Archaeology of Early Historic South Asia: The Emergence of Cities and States. Cambridge: Cambridge University Press, 1995.
- Chakrabarti, D.K. The Oxford Companion to Indian Archaeology: The Archaeological Foundations of Ancient India. New Delhi: Oxford University Press, 2006.
- Kosambi, D.D. An Introduction to the Study of Indian History. Bombay: Popular Prakashan, 1998 (reprint).
- Lahiri, N., ed. The Decline and Fall of the Indus Civilization. Delhi: Permanent Black, 2000.
- Lal, B. B. Homeland of the Aryans. New Delhi: Aryan Books, 2005.
- Lal, B. B. The RigVedic People: Invaders, Migrants or Indigenous? New Delhi: Aryan Books 2015.
- Mehta, J. L. History of Ancient India. K. Sagar Publications.
- Moorti, U.S. Megalithic Culture of South India: Socio-economic Perspectives. Varanasi: Ganga Kaveri Publishing House, 1994.
- Neumayer, E. Lines on Stone: The Prehistoric Rock Art of India. New Delhi: Manohar, 1993.
- Ratnagar, S. Harappan Archaeology: Early State Perspectives. Delhi: Primus, 2015.
- Roy, K., ed. Women in Early Indian Societies. New Delhi: Manohar, 1999.
- Sahu, B.P., ed. Iron and Social Change in Early India. New Delhi: Oxford University Press, 2006.
- Sharma, R.S. Perspectives in the Social and Economic History of Early India. New Delhi: Munshiram Manoharlal, 2003 (reprint).
- Thapar, R., ed. Recent Perspectives of Early Indian History. Bombay: Popular Prakashan, 1995.
- Trautmann, T.R., ed. The Aryan Debate. New Delhi: Oxford University Press, 2005.

<b>Online Resources (If Any)</b>	
<b>Assignment and Class Test Schedule for Semester</b>	Link the assignment and Test (optional)

