



Bharati College
(University of Delhi)
Janak Puri, Delhi- 100058
www.bharaticollege.du.ac.in

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Lesson Plan (CORE, Semester I, July to November 2022)

Name of Teacher		Department	_____
Course		Semester	
Paper		Academic Year	
Learning Objectives			
<ul style="list-style-type: none">• To make students familiar with Gurmat Kaav.• To familiarize students with major aspects of its compilation.• To provide students with an understanding of the socio-cultural and political scenario of that period.• To develop a better appreciation and understanding of the Gurbani and its message.• To enhance awareness of students with regard to India's rich knowledge tradition.			
Learning Outcomes			
<ul style="list-style-type: none">• Students would be able to get familiar with the composition of Sri Guru Granth Sahib.• They will get to know the basic ideas of Gurmat Kaav.• They will develop positive outlook towards Indian thoughts and traditions.• They would be able to relate traditional knowledge to the present context.• Students will be able to understand the ideology and philosophy of Gurmat poetry.• They would be able to learn about ethics, social concerns, humanity and environmental issues.			
Lesson Plan			
Week No.	Theme/Curriculum	Any Additional Information	

	<ul style="list-style-type: none"> • <u>Unit-I</u> • ਗੁਰਮਹਤ ਕਾਹਵ: ਹਸਧਾਂਤਕ ਪਰਪੇਖ (Gurmat Kaav: Sidhantak Peripekh) (12 hrs.) • ਗੁਰਮਹਤ ਿਾਹਵ: ਸੰ ਖੇਪੁ ਜਾਣ-ਪੁਛਾਣ • <u>Gurmat Kaav: Sankhep Jaan-Pachhan</u> • ਗੁਰਮਹਤ ਿਾਹਵ: ਹਵ ਾਰਧਾਰਾ • <u>Gurmat Kaav: Vichardhara</u> • ਗੁਰਮਹਤ ਿਾਹਵ: ਨੈ ਹਤਿਤਾ • <u>Gurmat Kaav: Naitikta</u> • ਗੁਰਮਹਤ ਿਾਹਵ: ਪੁਹਿਰਤੀ ਹ ਤਰਨ • <u>Gurmat Kaav: Parkirti Chitran</u> • • <u>Unit-II</u> • ਗੁਰਮਹਤ ਕਾਹਵ: ਰੁਪਾਕਾਰ (Gurmat Kaav: Roopakaar) (11 hrs.) • ਅਸ਼ਟਪਦੀ • <u>Ashtapadi</u> • ਸ਼ਬਦ • <u>Shabad</u> • ਬਾਵਨ ਅਖਰੀ • <u>Bawan Akhri</u> • ਵਾਰ • <u>Vaar</u> • • <u>Unit- III</u> • ਬਾਰਿ ਮਾਿ ਮਾਝ: ਗੁਰੁਅਰਜਿ ਦੇਵ ਜੀ (Barah Mah Majh: Guru Arjun Dev Ji) (11 hrs.) • ਬਾਰਿ ਮਾਿ ਮਾਝ: ਹਵਸੇਗਤ ਅਹਧਐਨ • <u>Barah Mah Majh: Vishegat Adhiyan</u> • ਬਾਰਿ ਮਾਿ ਮਾਝ: ਅਹਧਆਤਮਿ ਅਤੇਸਮਾਜਿ ਸਰੋਿਾਰ • <u>Barah Mah Majh: Adhiyatmak ate Smajak Sarokaar</u> • ਬਾਰਿ ਮਾਿ ਮਾਝ: ਪੁਹਿਰਤੀ ਹ ਤਰਨ • <u>Barah Mah Majh: Parkirti Chitran</u> • ਬਾਰਿ ਮਾਿ ਮਾਝ: ਪੁਸੰ ਗ ਸਹਿਤ ਹਵਆਹਖਆ • <u>Barah Mah Majh: Parsangh Sahit Vivakhiya</u> • • <u>Unit-IV</u> • ਸਲੋਕ: ਗੁਰੁਤੇਗ ਬਿਦਰ ਜੀ (Salok: Guru Tegh Bahadur Ji) (11 hrs.) • • ਸਲੋਿ: ਹਵਸੇਗਤ ਅਹਧਐਨ • <u>Salok: Vishegat Adhiyan</u> • ਸਲੋਿ: ਅਹਧਆਤਮਿ ਅਤੇਸਮਾਜਿ ਸਰੋਿਾਰ • <u>Salok: Adhiyatmak ate Smajak Sarokaar</u> • ਸਲੋਿ: ਵੈਰਾਗ ਦੀ ਭਾਵਨਾ • <u>Salok: Varaag di Bhawna</u> • ਸਲੋਿ: ਪੁਸੰ ਗ ਸਹਿਤ ਹਵਆਹਖਆ • • <u>38</u> 	
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- [Salok: Parsangh Sahit Viyakhiya](#)
- [ESSENTIAL READINGS:](#)
- [● Jagbir Singh \(2004\) Gurmat Kaav da Itihas, Panjabi Academy, Delhi.](#)
- [● Jaggi, Rattan Singh \(Dr.\) & Gursharan Kaur Jaggi \(Dr.\) \(2011\) Guru Tegh Bahadur: Bani](#)
- [Vishleshan, Gurmat Prakashan, Patiala.](#)
- [● Matharoo, Rajwant Kaur \(Dr.\) \(2008\) Bani Guru Arjan Dev: Vichardhara ate Kav](#)
- [Mulankan, Ruhi Parkashan, Amritsar.](#)
- [SUGGESTED READINGS:](#)
- [● Beant Kaur \(Dr.\) \(2010\) Sikh Dharam Shastar da Tatsaar \(Utter Adhunik Paripekh\),](#)
- [Chetna Parkashan, Ludhiana.](#)
- [● Bhathal, Ravinder Singh \(Prof.\) and Surjit Singh \(Dr.\), \(ed.\) \(2005\) Shri Guru Granth](#)
- [Sahib: Vibhin Pasar, Punjabi Sahitya Akademi, Ludhiana.](#)
- [● Dil, Balbir Singh \(Dr.\) \(2009\) Guru Tegh Bahadur: Jeevan te Rachna, Punjabi Bhasa](#)
- [Vikas, Punjabi University, Patiala.](#)
- [● Gurmukh Singh \(2008\) Guru Arjun Dev Ji: Jivan, Darshan ate Bani, Ruhi Parkashan,](#)
- [Amritsar.](#)
- [● Jagbir Singh \(1997\) Gurbani: Vishavdrishti te Vichardhara, Wellwish Publishers, New](#)
- [Delhi.](#)
- [● Jagbir Singh \(1989\) Madhkali Shabad Sabhyachar, Ravinder Parkashan, Delhi.](#)
- [● Jagbir Singh \(Dr.\) \(2011\) Gurmat Kav: Sidhat te Vihar, Chetna Parkashan,](#)
- [Ludhiana.](#)
- [● Jagbir Singh \(2012\) Guru Granth Sahib di Samkalin Sarthakta te Prasangikta, Punjabi](#)
- [University, Patiala.](#)
- [● Manmohan Singh \(Dr.\) \(1975\) Guru Tegh Bahadur Ji Da Darshnik Chintan, Mandeep](#)
- [Parkashan, Delhi.](#)
- [● Narang, C.L.\(Prof.\) \(1976\) Novey Nanak Guru Tegh Bahadur, Madan Publishers,](#)
- [Patiala.](#)
- [● Sahib Singh \(2015\) Gurbani Vyakaran, Singh Brothers, Amritsar.](#)
- [● Sarbjinder Singh \(Ed.\) \(2006\) Sri Guru Granth Sahib ate Ikivin Sadi, Publication](#)
- [Bureau, Punjabi University, Patiala.](#)
- [● Taran Singh \(Dr.\) \(1995\) Guru Tegh](#)

	<p>Bahadur-Jiwan te Sikhiya, Publication Bureau,</p> <ul style="list-style-type: none"> • Punjabi University, Patiala. • JOURNALS: • · Khoj Patrika (1985) Gurmit Kaav Ank-26, Publication Bureau, Punjabi University, Patiala. • · Khoj Patrika (2003) Bani Kaav-Roop Vishes Ank-58, Publication Bureau, Punjabi University, Patiala. • INTERNET RESOURCES: • · www.searchgurbani.com 	
	<ul style="list-style-type: none"> • 	
<p>References</p>		
<p>Additional Resources</p> <p>1.</p>		
<p>Online Resources (If Any)</p>		
<p>Assignment and Class Test Schedule for Semester</p>	<p>Link the assignment and Test (optional)</p>	

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