



Bharati College
(University of Delhi)
Janak Puri, Delhi- 100058
www.bharaticollege.du.ac.in

Formatted: Centered

Lesson Plan (CORE, Semester I, July to November 2022)

| | | | |
|-----------------|-------------------------------------|---------------|-------------------------|
| Name of Teacher | Dr. Shalu kaur | Department | <u>Punjabi</u> |
| Course | DSC-Major | Semester | Second |
| Paper | Punjab di lokdhaara | Academic Year | 2022-23 |

Learning Objectives

- [The objective of this course is to apprise students how Punjabi folks learn and internalize their folkloric traditions.](#)
- [This course seeks to give insights to the students about Punjabi folk wisdom.](#)
- [The purpose of this course is to develop a critical and reflective thinking ability through the oral traditions.](#)
- [This course would enable the students to understand how Punjabi society represents itself through its cultural idioms.](#)
- [This course would help the students to understand how folklore plays a role in communicating cultural constructs and community expressive behaviour.](#)

Formatted: Justified

Learning Outcomes

- [The students will understand the concept of folklore and its relation to the environment.](#)
- [The students will demonstrate the knowledge of folk-literature, folk-traditions, customs and rituals of Punjab.](#)
- [They will be able to examine the diversity of folk literature, customs and rituals of Punjab.](#)
- [The students will develop a knowledge of various fairs and festivals of Punjab and their importance in the society.](#)
- [They will be able to understand the current problems of Punjabi society and can try to find the appropriate way to handle these problems through folkloric wisdom.](#)

Lesson Plan

| Week No. | Theme/Curriculum | Any Additional Information |
|----------|---|----------------------------|
| | <ul style="list-style-type: none"> • <u>Unit-I:</u> • <u>ਿੋਕਧਾਰਾ ਅਤੇ ਪੰਜਾਬੀ ਿੋਕਧਾਰਾ</u> • <u>(Lokdhara ate Punjabi Lokdhara) (12 Hours)</u> • <input type="checkbox"/> ਲੋਕਧਾਰਾ: ਪਵਰਭਾਸ਼ਾ ਅਤੇ ਲੱਛਣ • <u>Lokdhara: Paribhasha ate Lachhan</u> • <input type="checkbox"/> ਲੋਕਧਾਰਾ ਦੀਆਂ ਿੰੀਗੀਆਂ • <u>Lokdhara dian Vangiyan</u> • <input type="checkbox"/> ਲੋਕਧਾਰਾ ਅਤੇ ਸਾਹਿਤ • <u>Lokdhara ate Sahit</u> • <input type="checkbox"/> ਪੰਜਾਬੀ ਲੋਕਧਾਰਾ ਦਾ ਸਰੂਪ • <u>Punjabi Lokdhara da Saroop</u> • <u>Unit-II:</u> • <u>ਪੰਜਾਬੀ ਿੋਕ ਸਾਲਿਤ ਪਰੰਪਰਾ</u> • <u>(Punjabi Lok Sahit Parampara) (16 Hours)</u> • <input type="checkbox"/> ਲੋਕ ਕਾਵਿ: ਘੋੜੀਆਂ, ਸਹਾਗ, ਟੱਪੇ, ਮਾਹੀਆ • <u>Lok Kaav: Ghodhian, Suhag, Tappe, Mahiya</u> • <input type="checkbox"/> ਦੰਤ ਕਥਾਿਾਂ: ਰੂਪ ਬਸੰਤ, ਦੱਲਾ ਭੱਟੀ, ਪੁਰਿ ਭਗਤ • <u>Dant Kathavan: Roop Basant, Dullah Bhatti, Puran Bhagat</u> • <input type="checkbox"/> ਿੰੀਤੀ ਕਥਾਿਾਂ: ਵਕਸਮਤ ਦੀ ਭਾਲ, ਵਕਸਾਿ ਦੀ ਵਸਆਣਪ, ਏਕੇਦੀ ਬਰਕਤ • <u>Niti Kathavan: Kismat di Bhaal, Kisan di Siyanap, Eke di Barkat</u> • <input type="checkbox"/> ਲੋਕ ਵਸਆਣਪਾਂ: ਅਖਾਣ, ਮਹਾਿਰੇ, ਬਝਾਰਤਾਂ • <u>Lok Siyanpan: Akhan, Muhavre, Bujhartan</u> • <u>Unit-III:</u> • <u>ਪੰਜਾਬੀ ਅਨੁਸਠਾਨ ਅਤੇ ਿੋਕ ਲਵਸਵਾਸ</u> • <u>(Punjabi Anushthaan ate Lok Vishvas) (16 Hours)</u> • <input type="checkbox"/> ਲੋਕ ਸੰਸਕਾਰ: ਜਿਮ, ਮੌਤ ਅਤੇ ਵਿਆਹ ਿਾਲ ਸੰਬੰਧਤ ਸੰਸਕਾਰ • <u>Lok Sanskaar: Janam, Mout ate Viah naal Sambhandhat Sanskar</u> • <input type="checkbox"/> ਪੰਜਾ ਵਿਧੀਆਂ: ਆਰਤੀ, ਮੁਰਤੀ ਪੰਜਾ, ਿਰਤ • <u>Pooja Vidhian: Aarti, Murti Pooja, Varat</u> • <input type="checkbox"/> ਕਰਮ-ਕਾਂਡ: ਯੱਗ, ਤੀਰਥ ਯਾਤਰਾ, ਜਾਦੂ-ਟੁਣਾ • <u>Karam Kaand: Yagg, Tirath Yatra, Jadu-Tuna</u> • <input type="checkbox"/> ਲੋਕ ਵਿਸ਼ਾਸ: ਸ਼ਗਿ-ਅਪਸ਼ਗਿ, ਜੇਵਤਸ਼, ਸਥਾਿਕ ਦੇਿੀ ਦੇਿਤੇ • <u>Lok Vishvas: Shagan-Apshagan, Jotish, Sathanak Devi Devte</u> • <u>Unit-IV:</u> • <u>ਪੰਜਾਬ ਦੇ ਿੋਕ ਨਾਟ, ਨਾਚ, ਮੇਿੋ, ਲਤਾਿਾਰ</u> • <u>(Punjab de Lok Naat, Naach, Mele,</u> | |

Formatted: Bullets and Numbering

| | | |
|--|---|--|
| | <p><u>Teyohar) (16 Hours)</u></p> <ul style="list-style-type: none"> • <input type="checkbox"/> ਲੋਕ ਿਾਟ: ਸਾਂਗ, ਿਕਲਾਂ, ਜਾਗੋ • <u>Lok Naat: Saang, Naklan, Jago</u> • <input type="checkbox"/> ਲੋਕ ਿਾਚ: ਭੰਗੜਾ, ਲੱ ਡੀ, ਵਗੱਧਾ, ਸੰਮੀ • _____ • <u>108 Page</u> • _____ • <u>Lok Naach: Bhangra, Ludi, Gidha, Sammi</u> • <input type="checkbox"/> ਮੇਲੇ: ਜਰਗ, ਫਪਾਰ ਅਤੇਜਗਰਾਿਾਂ ਦੇਮੇਲੇ • <u>Mele: Jarag, Chhapar ate Jagravan de Mele</u> • <input type="checkbox"/> ਵਤਉਹਾਰ: ਵਿਸਾਖੀ, ਲੋਹੜੀ, ਰੱਖੜੀ • <u>Teyohar: Visakhi, Lohri, Rakhri</u> • _____ • <u>ESSENTIAL/RECOMMENDED READINGS:</u> • <input type="checkbox"/> Bedi, S.S.Wanjara (2019), Punjab di Lokdhara, National Book Trust, Delhi. • <input type="checkbox"/> Joshi, Jit Singh (Dr) (2011), Lokdhara te Punjabi Lokdhara, Waris Shah Foundation, Amritsar. • _____ • <u>SUGGESTED READINGS:</u> • <input type="checkbox"/> Bedi, S.S.Wanjara (2002), Punjabi Lokdhara Vishavkosh, National Book Shop, Delhi. • <input type="checkbox"/> Gurdial Singh (Undated), Punjab De Mele ate Teyohar, Parkashan Vibhag Bharat Sarkar, Delhi. • <input type="checkbox"/> Kairon, Joginder Singh (2008), Lokyaan Shastar, Punjabi University, Patiala. • <input type="checkbox"/> Kairon, Joginder Singh (2006), Punjabi Sahit da Lokdharai Pichhokarh, Punjabi Academy, Delhi. • <input type="checkbox"/> Rasoolpuri, Bhagwant (2021), Lok Naat Naklan: Itihas, Sidhant te Muhandra, National Book Trust, Delhi. • <input type="checkbox"/> Sidhu, Rushpal Kaur (2015), Mehak Punjab di, National Book Trust, India, Delhi. • <input type="checkbox"/> Tejinder Singh (Dr.) (2021), Punjabi Lokdhara: Vibhin Pasar, Sapatrishi Publication, Chandigarh. • <input type="checkbox"/> Thind, Karnail Singh (1995), Lokyaan ate Madhkalin Punjabi Sahit, Ravi Sahit Parkashan, Amritsar. • <input type="checkbox"/> Thind, Karnail Singh (2016), Punjab da Lok Virsa, Punjabi University, Patiala. • _____ • <u>INTERNET RESOURCES:</u> • <input type="checkbox"/> https://www.punjabi-kavita.com • <input type="checkbox"/> _____ | |
|--|---|--|

| | | |
|---|---|--|
| | <p>https://pa.wikisource.org/wiki/%E0%A8%A%E0%A9%81%E0%A9%B1%E0%A8%96_%E0%A8%B8%E0%A8%AB%E0%A8%BC%E0%A8%BE</p> <ul style="list-style-type: none"> • https://pa.wikipedia.org/wiki/%E0%A8%B2%E0%A9%8B%E0%A8%95%E0%A8%A7%E0%A8%BE%E0%A8%B0%E0%A8%BE • https://punjabipedia.org/topic.aspx?txt=%E0%A8%AA%E0%A9%B0%E0%A8%9C%E0%A8%BE%E0%A8%AC%E0%A9%80%20%E0%A8%B2%E0%A9%8B%E0%A8%95%E0%A8%A7%E0%A8%BE%E0%A8%B0%E0%A8%BE | |
| | <ul style="list-style-type: none"> • | |
| | | |
| <p>References</p> <p>Additional Resources</p> <p>1.</p> | | |
| <p>Online Resources (If Any)</p> | | |
| <p>Assignment and Class Test Schedule for Semester</p> | <p>Link the assignment and Test (optional)</p> | |

|

Formatted: Indent: Left: 0"