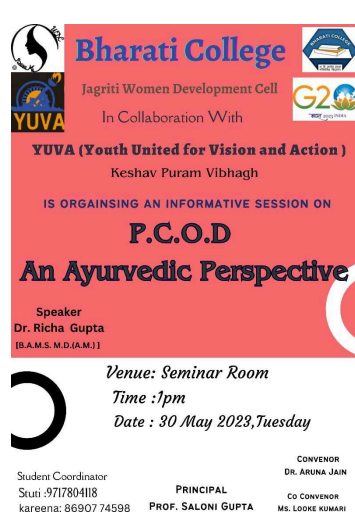


P.C.O.D. An Ayurvedic Perspective

WDC in collaboration with YUVA (keshavpuram vibhag) organised an informative **seminar** on “PCOD - An Ayurvedic perspective” on the 30th May, 2023. The event was graced by the presence of Dr. Richa Gupta B.A.M.S (M.D.) A.M. doctor and nutritionist at Ayusutras in Ayurvedic medicine, and Dr. Kamal Singh B.A.M.S (M.D.) Ksharsutra specialist in ano-rectal diseases. The event was initiated with lamp lighting and sapling was presented to the guest Dr. Richa by honourable principal. Dr. Richa gave detailed explanation and advice to the girls about types and causes, symptoms, and cures of PCOD. The guest addressed the crowd with her humourful take on diet and lifestyle related topics that made everyone take greater interest in such important topic. She emphasized the poor lifestyle habits such as eating junk food, disturbed sleep cycle, and hormonal imbalances that lead to such disorders in females. Further she gave a brief account of how ayurvedic treatment is done with zero side effects. The audience actively participated in questions and responses. More than 100 students attended the seminar along with the teachers and staff.



Bharati College
Jagriti Women Development Cell
In Collaboration With
YUVA (Youth United for Vision and Action)
Keshav Puram Vibhag

IS ORGANISING AN INFORMATIVE SESSION ON
P.C.O.D
An Ayurvedic Perspective

Speaker
Dr. Richa Gupta
[B.A.M.S. M.D.(A.M.)]

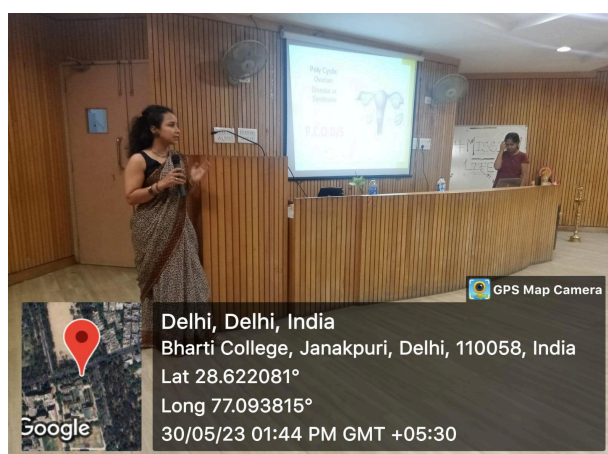
Venue: Seminar Room
Time: 7pm
Date: 30 May 2023, Tuesday

Student Coordinator
Sriti : 9717804118
kareena: 8690774598

PRINCIPAL
PROF. SALONI GUPTA

CONVENOR
DR. ARUNA JAIN

CO CONVENOR
MS. LOOKE KUMARI





Delhi, Delhi, India

CLASSROOM, BHARATI COLLEGE, Janakpuri, Delhi, 110058,
India

Lat 28.621929°

Long 77.093816°

30/05/23 01:38 PM GMT +05:30